



academy

vouth

mental health

The Youth Mental Health Academy (YMHA) is a community-based career development program for high school students that takes place over 14 months. The YMHA includes project-based learning, a summer capstone presentation, mentorship, integrated support during the first summer of the program, ongoing programming during the school year, and an internship during the second summer.

The YMHA is seeking both undergraduate and graduate students pursuing degrees in mental health-related fields to be mentors! Mentors will advise a group of five high school students for five hours per week during the summer and at least once per month during the school year. Mentors will provide insight into navigating the college application process, support mentees with their end-of-summer capstone presentation, serve as a positive role model, and a host of other topics. Participation will include in-person and virtual meetings.

## **ELIGIBILITY**

- Currently enrolled in or recently graduated from a 4-year college or university
- Able to commit to participating for the <u>entire 14-month</u> period
- Reside in Los Angeles County
- Comfortable working with BIPOC and LGBTQ+ students
- Have an overall GPA of 2.5 or higher
- Vaccinated against COVID-19

## **BENEFITS**

- Up to \$1,000 stipend
- Build your resume and stand out with professional skills
- Gain leadership experience
- Build a network of like-minded people

To complete an application, scan the QR code or visit: childmind.org/youth-mental-health-academy



