

Youth Mental Health Academy

Building careers in mental health

The Child Mind Institute's Youth Mental Health Academy is a community-based career development program – including paid internships, mentorship, project-based learning, and student support – for rising high school juniors and seniors. The YMHA is seeking both undergraduate and graduate students pursuing degrees in mental health-related fields to be mentors! Mentors will advise a group of five high school students for five hours per week during the summer and at least once monthly during the school year.

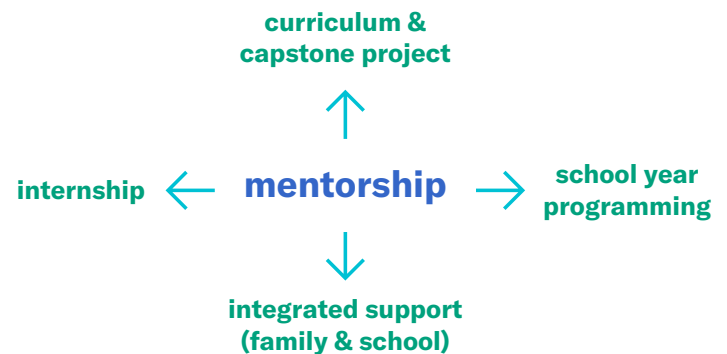


Mentorship aims to create meaningful relationships between our program participants (high school students) and undergraduate and graduate student mentors.

Mentors will coach, offer information and advice, demystify the college application process, share their experiences as current students pursuing a career in mental health, provide encouragement, and promote a sense of belonging in a small group setting.

All mentors will be trained in effective mentoring strategies and matched with mentees based on areas of interest using state-of-the-art digital tools.

Mentors will also have regular check-ins with their mentees to troubleshoot any difficulties students may encounter with their required program activities.



ELIGIBILITY

- Currently enrolled in or recently graduated from a 4-year college or university
- Have an overall GPA of 2.5 or higher
- Vaccinated against COVID-19
- Able to commit to participating for the entire length of the program

