



Youth Mental Health Academy

Building careers in mental health

The Child Mind Institute’s Youth Mental Health Academy is a community-based, career development program — including paid project-base, mentorship, project-based learning, and student support — for LA County high school students. It gives students from traditionally underserved communities, including BIPOC and LGBTQIA+ teens, an opportunity to gain valuable knowledge and experience in mental health science, practice, or communications by working with professionals from organizations doing work in those areas. By providing mentorship and training to high school students in underserved communities, it aims to inspire and cultivate tomorrow’s mental health leaders.

PROGRAM COMPONENTS AND TIMELINE

Project-Based Learning

Students will participate in five weeks of project-based learning to prepare them to complete a capstone presentation at the end of the summer.

Mentorship

Students will meet with undergraduate or graduate mentors regularly throughout the program. Mentors will serve as a positive role model, sharing their personal experiences and supporting academic progress.

Year-Round Programming

Through monthly workshops and panels, students will expand on topics from the summer academy, network with professionals and peers, and stay motivated with college and career aspirations.



ELIGIBILITY

- 15 to 18 years old at the start of the program
- Enrolled in a public or private high school in LA County, CA
- Have an overall GPA of 2.5 or higher
- Have a strong interest in mental health

Learn more and apply at childmind.org/ymha

In partnership with

