



STAVROS NIARCHOS FOUNDATION

Global Center for Child & Adolescent Mental Health

AT THE CHILD MIND INSTITUTE

Our Global Commitment

The Stavros Niarchos Foundation (SNF)
Global Center for Child and Adolescent Mental Health
at the Child Mind Institute



Διεθνής Πρωτοβουλία
για την Υγεία
Global Health Initiative

ΙΣΝ / SNF

ΙΔΡΥΜΑ ΣΤΑΥΡΟΣ ΝΙΑΡΧΟΣ
STAVROS NIARCHOS FOUNDATION

επικέντρο ο άνθρωπος
humanity at the core



Child Mind
Institute

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Our Global Commitment

Children and adolescents are facing one of the most urgent and underfunded health crises of our time: mental health. One in five young people experience mental health or learning challenges, most often beginning by age 14, yet the vast majority never receive the care they need. Suicide is now the fourth leading cause of death among adolescents worldwide. More than 80% of children with mental health needs in **Low- and Middle-Income Countries (LMICs)**—home to 90% of the world’s population—receive no treatment at all.

The cost of inaction is profound: interrupted education, strained families, lost economic productivity, and weakened social cohesion. Mental health is not a peripheral issue—it is central to the well-being and future of societies.

The **Child Mind Institute (CMI)** exists to change this reality. We advance science, train providers, build partnerships, and deliver evidence-based care—ensuring children and adolescents everywhere can access the support they need to thrive. Every child counts.

The Need

1 in 5

children globally struggle with mental health or learning challenges

Every 2 seconds

someone dies from an NCD — a leading cause of death, morbidity and disability globally

90 percent

of children live in low and middle-income countries, where mental health care access remains limited

USD 4.3 trillion

could be added to the global economy, and 57 million people to the labor force, through mental health interventions by 2050

16 percent

of the noncommunicable disease (NCDs) burden trace back to mental health conditions

More than 80%

of children in LMICs do not receive any type of mental health support

A Transformative Partnership within SNF's Global Health Initiative

At the heart of this global effort is a pivotal alliance with the **Stavros Niarchos Foundation (SNF)**. Through its **Global Health Initiative (GHI)**, SNF is reimagining how healthcare, including mental health, is delivered, making it more accessible, innovative, and sustainable. SNF's GHI encompasses more than 80 grants and aims to expand access to health services, strengthen quality of care for all, and empower providers on the front lines. The GHI, an initiative exceeding one billion dollars, is based on wide-ranging collaborations in Greece and worldwide.

Within this framework, the **SNF Global Center for Child and Adolescent Mental Health at the Child Mind Institute** is advancing the GHI's Mental Health pillar. Together, CMI and SNF are furthering large-scale, sustained, and collaborative investment to help close the global mental health gap for children and adolescents.



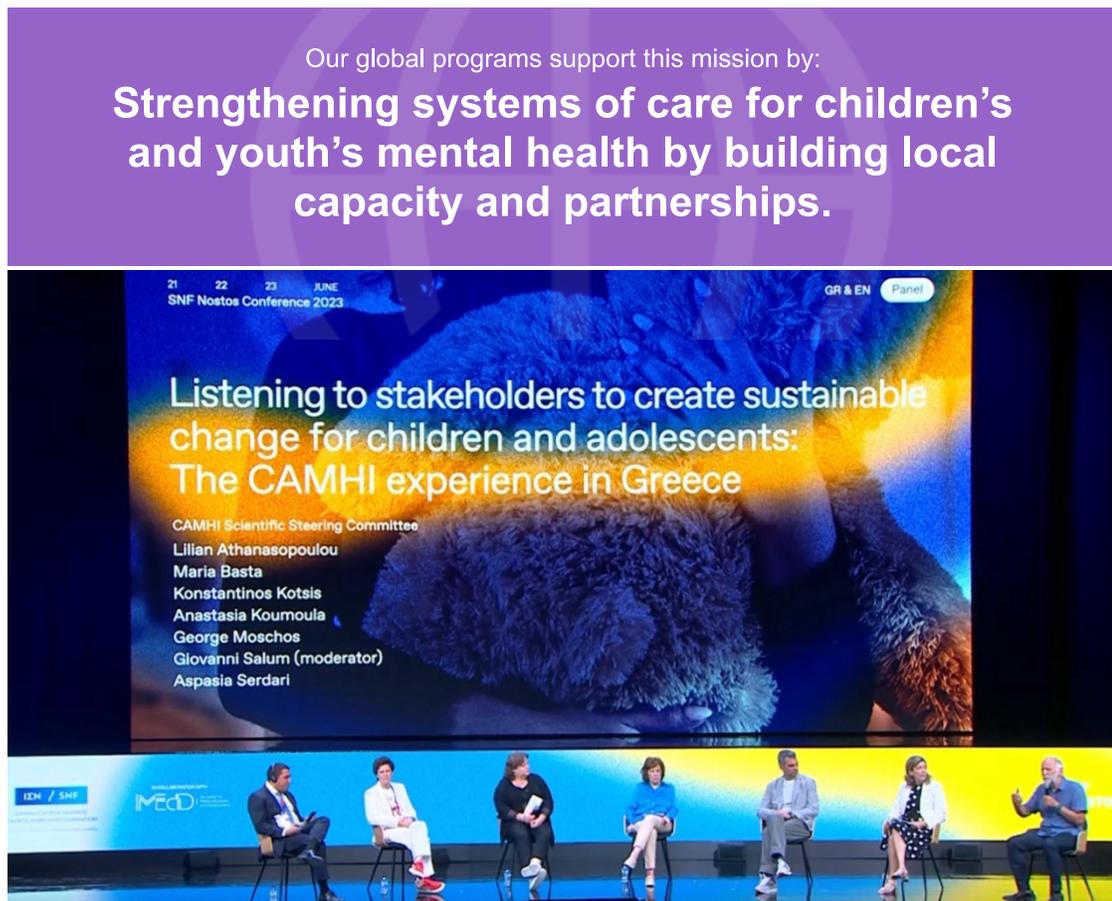
Dr. Harold S. Koplewicz, President and Medical Director of the Child Mind Institute, with Andreas C. Dracopoulos, Co-President of the Stavros Niarchos Foundation (SNF)

From Greece to a Global Movement

The partnership began in Greece with the launch of the **Child and Adolescent Mental Health Initiative (CAMHI)** in 2021. CAMHI was designed to strengthen the provision of care and enhance the infrastructure for the prevention, assessment, and treatment of children and adolescents with mental health needs in Greece. It is developed on the basis of a partnership model with the Greek state and is implemented by a countrywide network of mental health providers, with the support of the Hellenic Ministries of Health and Education, Religious Affairs and Sports. CAMHI is exclusively supported by SNF under the GHI.

By training providers, building national networks, reducing stigma, and including youth voices, CAMHI has become a model for how countries can reimagine mental health care for young people. Inspired by its success, SNF and CMI expanded this work to Brazil, South Africa and other LMICs through the establishment of the **SNF Global Center for Child and Adolescent Mental Health**, extending the mission to a global scale.

Our strategy at the SNF Global Center aligns with Child Mind Institute's broader mission to transform the lives of children experiencing mental health and learning disorders.



Steering Committee of the Child and Adolescent Mental Health Initiative (CAMHI) in Greece at the SNF Nostos Conference in 2023

Driving Change Through Six Core Initiatives

The SNF Global Center’s work is structured around six interconnected initiatives that respond to the global need for stronger systems of care:

Global Child & Adolescent Landscape Mapping

identifying resources, gaps, and opportunities to inform evidence-based action.

Public Awareness & Engagement

reducing stigma and mobilizing communities for change.

Scalable Psychosocial Support and Treatment

adapting interventions to local contexts for maximum reach.

Global Fellowships

developing the next generation of leaders in child and adolescent mental health.

Harnessing Technology for Good

leveraging digital innovation to extend care to underserved populations.

Convening Experts and Building Networks

connecting global expertise to accelerate solutions.

This approach prioritizes **knowledge exchange over knowledge export**, ensuring that solutions are co-created with communities and embedded into existing systems for lasting impact.

Why This Matters

The global mental health gap for children and adolescents is one of the most pressing challenges of our time. **In LMICs—where nearly all of the world’s children live—scarce resources and systemic barriers mean millions never receive even the most basic care.** The human and societal costs are staggering: children unable to learn, families overwhelmed by strain, and national economies diminished by lost productivity.

By aligning CMI’s scientific expertise with the SNF Global Health Initiative’s bold

vision, the SNF Global Center is building a new model: one that translates evidence into action, strengthens local systems, and ensures children and adolescents everywhere have the support they need to thrive.

At its core, this work is about unlocking potential. Every child deserves the chance to learn, grow, and to flourish. Families deserve access to support, and communities prosper when mental health is prioritized.



Youth leaders in the mental health space in South Africa participate in a dialogue session led by the SNF Global Center at the South African Federation for Mental Health

**When we invest in young people,
entire communities thrive**

Our Approach

How We Work

The way we work is as important as the programs we deliver. Our principles guide every partnership, initiative, and investment:

CULTURALLY GROUNDED – solutions are rooted in local realities and developed with respect for cultural context.

DATA-DRIVEN – decisions are guided by rigorous science and evidence.

MEASURABLE – outcomes are tracked and evaluated to ensure real-world impact.

PARTICIPATORY – young people, families, and local experts are engaged as active partners.

OPEN-ACCESS – tools, trainings, and resources are shared widely and freely.

SCALABLE – programs are designed to be adapted and expanded across settings.

SUSTAINABLE – efforts strengthen existing systems, ensuring change lasts.

How We Implement

The SNF Global Center's approach ensures that implementation is **locally led and context-specific**. We know that lasting change only happens when solutions are owned by the communities they are designed to serve.

Each country program is coordinated through a **lean but strategic structure** that balances global expertise with local leadership:

- A **Country Manager** oversees the implementation of the core initiatives and ensures that activities move forward with efficiency and alignment.
- A **Country Lead** provides scientific oversight, maintains institutional partnerships, and ensures that research and practice remain evidence-based.
- A **Support Team** offers targeted expertise in curriculum development, communications, and research.
- Most importantly, a **diverse network of local partners**—including universities, NGOs, government agencies, and community organizations—drives the work forward on the ground.

This flexible model adapts to local capacity and context. Our core countries—Greece, Brazil, and South Africa— showcase this diversity: in each setting, the constellation of partners looks different, but the principle is the same—**CMI acts as a catalyst, while local institutions and professionals lead the change.**

All our activities include **sustainability plans**, ensuring that implementation capacity is embedded within local systems for long-term ownership and scalability.

PARTNERSHIPS AT THE CORE OF OUR WORK

Our global impact is only possible because of the expertise, vision, and leadership of our partners. Local and international organizations, practitioners, researchers, and youth leaders creatively anchor our initiatives in cultural contexts, ensuring that targeted interventions are evidence-based, relevant to the communities, and sustainable. By working side by side with those who know their contexts best, while adopting an open-science framework, we co-create scalable solutions that reflect lived realities, strengthen systems and build lasting capacity within each of our core countries.



Child & Adolescent
Mental Health
Initiative



Child & Adolescent
Mental Health Initiative
Brazil



Child & Adolescent
Mental Health Initiative
South Africa

Through this structure, the SNF Global Center is able to **link global and local efforts**: building shared tools, resources, and knowledge while embedding implementation within local systems. This ensures that programs are not only effective, but also **scalable and sustainable over time.**

Youth Engagement Model

Promising young leaders are essential to designing scalable programs and evaluating impact in ways that ensure true representation. Through collaborative partnerships, the SNF Global Center supports youth from LMICs by elevating youth voices, scaling evidence-based interventions, strengthening systems, and building capacity.

Our approach to youth engagement is rooted in the **Youth Engagement Scheme (YES)**, launched in Greece by the Child and Adolescent Mental Health Initiative (CAMHI) in 2022. YES is composed of five Youth Advisory Groups in five cities across Greece (Athens, Thessaloniki, Alexandroupolis, Ioannina, and Heraklion) each linked to CAMHI's hub centers. Groups of teens aged 13–17 meet monthly with facilitators to discuss mental health issues, contribute ideas, and design or participate in school- and community-based actions. Each youth member partners with an educator to expand conversations across school settings and engage a greater number of peers, and once a year, all groups convene to provide systematic input on how to improve mental health care.

Inspired by YES in Greece, our youth engagement model is integrated into the SNF Global Center's approach and strategy, informing every initiative we undertake. **Country-level Youth Councils** in Brazil and South Africa enable participation from local communities and center community-specific mental health challenges. They also support youth in co-designing community action activities. The **Global Youth Advisory Council** fosters cross-cultural collaboration and ensures that youth voices are embedded across the SNF Global Center's six initiatives.

Together, these approaches reflect both the pioneering contributions of CAMHI in Greece through YES and the broader SNF Global Center effort to create structures for youth engagement across diverse cultural contexts.



Youth Advisory Group in Brazil discussing data analysis and research evaluation

Our Strategy

Global Child & Adolescent Landscape Mapping

Why it's a Priority

Our Global Child and Adolescent Landscape Mapping efforts are addressing one of the most urgent barriers to youth mental health care in LMICs: the lack of reliable data. Without accurate information on prevalence, access, and barriers to care, policymakers and practitioners cannot make informed, evidence-based decisions, leaving millions of children and adolescents invisible in national health strategies.

Through partnerships and targeted workstreams, this initiative is systematically closing critical evidence gaps, refining methodologies, and generating sustainable data collection systems that can function in low-resource settings. By building this foundation, the SNF Global Center is equipping governments and organizations with the tools they need to design and scale effective, evidence-based mental health care for young people worldwide.

What We Do

Systematize Knowledge: We are leading a pioneering series of systematic reviews across Brazil, South Africa, and Mozambique. These reviews are critical in mapping and evaluating assessment tools, prevalence data, and intervention programs—building a robust evidence base to inform policy and practice worldwide.

Break Down Barriers to Data and Tool Adoption: With over 150 in-depth qualitative activities—including workshops and focus groups with adolescents, parents, educators, healthcare professionals, and policymakers—we are uncovering the key challenges and opportunities to improve the adoption of vital assessment instruments. Our work aims to enhance the quality and reach of mental health data for children and youth across diverse contexts.

Expand Global Insight Through Large-Scale Surveys: In close collaboration with international partners, we are conducting over 25,000 quantitative assessments in Brazil, Greece, and South Africa. These surveys will provide an unprecedented, comprehensive picture of the mental health needs of children and youth on a global scale—driving targeted, effective interventions.

Address Critical Gaps in Data Collection:

Recognizing the urgent need for accessible, culturally relevant measurement tools, we are developing an innovative toolkit that covers more than 30 domains of mental health, including suicide risk and functional outcomes like daily life, school, and social participation. This resource aims to fill a significant gap, empowering stakeholders worldwide to better understand and support young people's mental health.

KEY ACHIEVEMENTS:

Screened **24,356+** studies in Brazil and **12,000+** in South Africa, creating open-access prevalence and intervention databases.

Developing a **Mental Health Toolkit of 368-Items**, reviewed by **312** experts from **77** countries, in **12** languages.

Launched multi-country validation studies with **5,250** respondents.

Across **Brazil, Greece, South Africa, and at the global level**, we've built strong momentum in advancing research and tools that will shape better mental health care for young people. In Greece, key reviews have been completed and published by the CAMHI Greece team, and local teams have been trained in collaboration with the SNF Global Center. In Brazil and South Africa, the SNF Global Center has completed all reviews and submitted them for publication, reinforcing the evidence base. Globally, our measurement tool has undergone expert, linguistic, and psychometric reviews, ensuring it is both rigorous and accessible across diverse contexts. Together, these milestones mark an important step toward scalable, culturally grounded solutions.

Next Steps

Building on the progress to date, we will broaden the geographic reach and accessibility of our data resources.

- Launch nationwide surveys in Brazil, Greece, and South Africa to generate the largest evidence base of its kind for child and adolescent mental health.
- Ensure Global Accessibility and translate the toolbox into 12 languages—Afrikaans, Arabic, Mandarin, Bengali, French, Greek, Hindi, isiXhosa, isiZulu, Portuguese, Russian, and Spanish.

Through data systems strengthening, implementation blind spots and interventions that don't reflect community needs can be minimized.

“

We are developing methods to help solve such complex challenges including a comprehensive toolkit that assess 17 common mental health conditions alongside partners and young people.

— Zeina Mneimneh, Vice President of Global Epidemiology & Evidence-Based Interventions, SNF Global Center at the Child Mind Institute

For more information, please contact, Zeina Mneimneh, Vice President of Global Epidemiology and Evidence-Based Interventions, at Zeina.Mneimneh@childmind.org.

Scalable Psychosocial Support & Treatment

Why it's a Priority

Enhancing the mental health care system for children and adolescents in LMICs is essential for ensuring their well-being and unlocking their full potential. To achieve this, we are building a system of care that meets children where they are — starting with simple strategies that families and communities can use, moving through school- and community-based supports, and extending to specialized services for those with more complex needs. This layered approach ensures help is available, practical, and effective — even in places where resources are limited.

By strengthening knowledge and skills at every level, we empower caretakers, teachers, community workers, and health providers to recognize and respond to mental health concerns early, while also creating clear pathways to professional care when needed. Together with our partners, we are expanding the reach of support and building capacity that will last well beyond individual programs. This work ensures that all children and adolescents have access to timely, appropriate care — fostering resilience, emotional well-being, and brighter futures for the next generation.

What We Do

- **Guides for Everyday Support.** We co-develop culturally adapted short mental health guides for adolescents, caregivers, and health professionals with accessible, practical tools.
- **Training for Community Agents.** We deliver low-intensity programs that equip support agents to recognize concerns early and respond effectively.
- **Support for Educators.** We provide a psychosocial program that helps teachers foster safe, supportive school environments.
- **Capacity for Therapists.** We offer cognitive therapy training that strengthens clinical skills to address more complex needs.



KEY ACHIEVEMENTS:

We have worked hand-in-hand with communities, educators, and health workers to ensure interventions are relevant, effective, and scalable.

SHORT GUIDES CO-DEVELOPED IN GREECE AND ADAPTED TO THE BRAZILIAN CONTEXT IN PORTUGUESE:

- 40 caregiver guides
- 35 educator guides
- 33 adolescent guides
- 25 clinical guides

TRAINING PROVIDED BY CAMHI GREECE TO:

- 1,800+ teachers
- 130+ judges
- 100+ clinicians, including pediatricians and family doctors
- 120+ mental health professionals

1,800+ ADVANCE TRAINING SESSION HOURS

Next Steps:

Our focus now is on deepening these adaptations and scaling them across regions for greater impact.

- Train trainers to deliver psychosocial support for educators in underserved regions of Brazil and South Africa.
- Culturally adapting CBT manuals in Brazil and South Africa.
- Conduct randomized controlled trials (RCTs) in Brazil to measure the effectiveness of psychosocial materials for educators.
- Provide virtual single-session interventions across Brazil and South Africa.



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The SNF Global Center draws strength and inspiration from our dynamic community partnerships. The impact we are creating together is transformative while further allowing us to improve already existing frameworks that drive quality and culturally relevant care.

— Zeina Mneimneh, Vice President of Global Epidemiology & Evidence-Based Interventions, SNF Global Center at the Child Mind Institute

For more information, please contact, Zeina Mneimneh, Vice President of Global Epidemiology and Evidence-Based Interventions, at Zeina.Mneimneh@childmind.org.

Technological Solutions

Why it's a Priority

Across LMICs, traditional models of diagnosis and therapy are often too costly, time-intensive, and out of reach for most children and families. Leveraging technology, digital biomarkers, and innovative delivery methods allows us to lower costs, expand reach, and create more engaging forms of care.

Through technological solutions, the SNF Global Center is advancing easy-to-use, evidence-based digital tools that are:

- Configurable to local contexts to ensure cultural and linguistic relevance
- Scalable for use in schools, clinics, and community settings
- Research-driven, generating high-quality data to deepen understanding of brain and behavior while improving individual outcomes

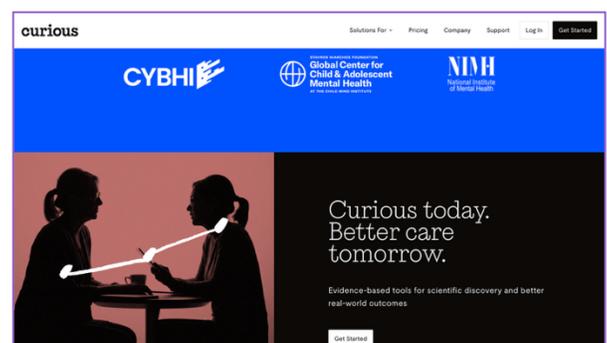
Alongside our science teams, partnerships with leading academic institutions and commercial innovators, we translate cutting-edge research into practical, accessible tools. These partnerships strengthen our ability to design and deliver solutions that not only meet immediate mental health needs but also inform long-term system change.

What We Do

- **Adapt the Curious App:** Curious is a digital platform designed to build systems to bridge the gap between scientific discovery and everyday health, simultaneously enabling both breakthrough research and better care. The scalable platform makes validated

mental health tools widely accessible while maintaining scientific rigor and enterprise-grade data privacy. The SNF Global Center is currently working to expand reach and adapt the Curious platform for use in South Africa and Brazil, demonstrating our commitment to delivering technological solutions tailored towards diverse contexts.

- **Build Multimodal Brain and Body Imaging (MoBI) Labs:** A MoBI lab is comprised of an array of specialized, multimodal data collection equipment designed to capture brain and body dynamics while individuals complete tasks that reveal cognitive and behavioral processes. We build MoBI labs in countries around the world, designing them to be adaptable, portable, and easy to assemble so they can function in diverse local settings. Each lab is standardized for collecting brain and body data—ranging from brain activity and eye movements to speech, physiological signals, and behavior.



<https://www.gettingcurious.com/>

KEY ACHIEVEMENTS:

We have pioneered the use of digital tools, biometrics, and immersive technologies to make assessment and treatment more efficient and engaging.

Building Smarter Data Pipelines. Through the Curious app, we built streamlined pipelines for data analysis, ensuring that information gathered through these tools can inform both practice and policy.

Expanding Global Capacity. To expand global capacity, we have established five MoBI labs—two in Brazil and one in South Africa—alongside two labs in New York City.

Next Steps

Looking ahead, we aim to scale our technological innovations and integrate them into broader care systems.

- Develop culturally adapted Single Session Interventions to broaden access to evidence-based care.
- Expand MoBI Lab collaborations to strengthen global research and innovation.
- Harmonize data collection and analysis by working closely with MoBI Lab personnel across all locations.
- Explore new digital tools and technologies in LMICs to better support youth mental health systems.

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Through meaningful global partnerships, we are leveraging digital advancements with a goal to improve the quality and accessibility of mental health care for children and adolescents in low and middle-income countries. By integrating culturally sensitive digital models, we strive for better mental health outcomes for future generations.

— Michelle Freund, Director of Strategic Data Initiatives at the Child Mind Institute

For more information, please contact, Michelle Freund, Director of Strategic Data Initiatives, at michelle.freund@childmind.org.

Public Awareness & Engagement

Why it's a Priority

Stigma, misinformation, and lack of awareness often prevent families from seeking care. By amplifying youth voices, engaging communities, and informing policy dialogue, we can normalize mental health conversations and ensure children receive timely, appropriate support.

The SNF Global Center partners with local organizations to co-create anti-stigma campaigns, deliver accessible resources, and promote evidence-based narratives that replace harmful misconceptions. By centering young people as advocates and change-makers, we foster peer support, ownership, and lasting cultural shifts around mental health.

Our work demonstrates how public engagement can build stronger families, safer schools, and more resilient communities. We have the opportunity to transform mental health environments at scale, creating generational change for young people worldwide.

What We Do

- **Public Education:** We are transforming how child and adolescent mental health is understood and supported through responsive, accessible resources including country specific website content, culturally adapted short guides, and youth-authored blogs. The aim of this work is to strengthen mental health literacy, reduce stigma, and amplify the voices of our global partners.
- **Anti-Stigma Campaigns:** We co-create awareness campaigns with local partners to reduce stigma and

discrimination and increase knowledge of mental health conditions and evidence-based interventions. A collective understanding of mental health conditions leads to healthier societies that prioritize mental health with enhanced resources and greater utilization of services.

- **Access to Mental Health Resources:** Our efforts are grounded in a shared commitment to provide accessible, accurate mental health resources to communities in low- and middle-income countries. We engage youth, facilitate peer support networks, and make research and mental health data more accessible.

Through both digital and traditional media from radio programming to social media storytelling, we help deliver engaging, clear content. Our initiatives encourage open dialogue around mental health, helping to reduce stigma and normalize help-seeking behaviors.

We empower local advocates to share knowledge and support the improvement of care and support systems.



Camhibr.org

KEY ACHIEVEMENTS

Our efforts have centered on empowering youth leaders, influencing public discourse, and creating channels for community-policy engagement.

Expanding Access to Knowledge:

Through effective communication, we are disseminating our online resources widely and promoting our training programs to new audiences through our Camhi.gr, Camhibr.org, and Camhi.co.za websites.

Building a Digital Community: We established a growing base of followers and users across our digital platforms in [Brazil](#) and [South Africa](#).

Driving Youth Engagement: Through a digital campaign in Brazil with [Instituto Felipe Neto](#), founded by Felipe Neto, the launch of the Single Session Intervention (SSI) competition in Brazil reached over 1.1 million Instagram views, spotlighting innovative ways to support teens in building healthier technology habits. Felipe Neto, with over 100 million subscribers, is a leading global figure in mental health, and was named one of Time Magazine's 100 most influential people in 2020.

CAMHI GREECE WEBSITE METRICS

11K new users, 131K total interactions in the last year.

SOCIAL MEDIA HITS ACROSS GREECE

10K followers, Average 500K views per month on Facebook page.

OTHER ENGAGEMENT RESULTS

3,781 subscribers to the CAMHI Greece Newsletter

Next Steps

We will continue to expand youth-led initiatives and strengthen partnerships that drive systemic awareness and change.

- **Global Partnerships for Youth Engagement:** YouTube Health in Brazil is partnering with us to feature our content in their global mental health campaign targeting youth ages 13–17.
- **Digital Campaign for Caregivers:** Launch nationwide campaigns to raise awareness among caregivers, promote their access to free resources, and help reduce stigma around mental health in Brazil and South Africa.

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When we position young people as leaders and partners, the insight they provide is invaluable to our work in increasing public awareness, reducing stigma and co-creating effective communication strategies and campaigns that address actual needs.

— Aaliyah Nadirah Madyun, Program Director, Public Awareness & Engagement, Stavros Niarchos Foundation (SNF) Global Center at the Child Mind Institute

For more information, please contact, Aaliyah Nadirah Madyun, Program Director, Public Awareness & Engagement, at Aaliyah.Madyun@childmind.org.

Global Fellowships

Why it's a Priority

Sustainable change in mental health systems depends on a skilled, diverse, and empowered workforce. By investing in emerging leaders from LMICs, the Global Fellowships program ensures that knowledge, innovation, and leadership remain rooted locally, where they are most needed.

These Fellowships serve as catalytic platforms for researchers, clinicians, and communicators dedicated to advancing child and adolescent mental health. Fellows gain financial support, training and career development, access to global networks, and mentorship from leading experts, equipping them to elevate their careers while driving lasting impact in their communities.

What We Do

- **Build Research Capacity: The SNF Global Center Research Fellowship** is an extraordinary opportunity for early-career researchers at leading academic institutions in LMICs. This Fellowship, lasting four to five years, empowers innovative researchers committed to addressing local needs to advance the field of child and adolescent mental health.
- **Strengthen Clinical Care: The SNF Global Center Clinical Fellowship** is designed for mental health professionals from LMICs who work in public healthcare systems but lack specialized training in child and adolescent mental health. The program is co-led by the

International Association of Child and Adolescent Psychiatry and Allied Professions (IACAPAP) and is designed to provide mentorship and leadership for practitioners as they deepen their skills and continue practice post-fellowship. This Fellowship offers a unique opportunity to build essential skills and expertise while addressing critical gaps in CAMH services in LMICs.

- **Transform Public Understanding: The SNF Global Center Communicator Fellowship** is for professionals working in public communications—including traditional and digital media—who are based in LMICs. This Fellowship equips communicators with the resources and expertise needed to tell stories that raise awareness and promote understanding of CAMH in their communities.



Sikelela Rollom, Junior Fellow with Radio Workshop

KEY ACHIEVEMENTS

We have built a growing network of Fellows who are transforming care delivery and policy in their home countries.

Building a Clinical Workforce in

Mozambique: Three cohorts (nine clinicians in total) have been selected, including three psychologists, three occupational therapists, and the second, third, and fourth child psychiatrists ever trained in the country. Fellows are strategically placed across Maputo (south), Nampula (north), and Beira (central) to strengthen national coverage.

Expanding Global Research Capacity:

The first two cohorts of Research Fellows represent Kenya, Pakistan, Mexico, Nigeria, Jordan, and India, advancing child and adolescent mental health research across diverse LMICs.

Amplifying Youth Mental Health Stories:

In partnership with the Carter Center, we selected journalist Fellows focused on climate change and youth mental health (2024 Fellow from Burundi, 2025 Fellow from Pakistan). With Radio Workshop, six podcast Fellows in South Africa are amplifying CAMH stories, and a new open call will select the next Communicator Fellow in Q4 2025.

Next Steps

Future efforts will focus on expanding the Fellowship footprint and building a strong alumni-to-new Fellow mentorship pipeline.

- We will expand the Fellowship footprint to new LMICs and launch a structured mentorship and leadership program, pairing Fellows with experts to build capacity, foster growth, and create a strong alumni-to-new fellow pipeline.

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We are committed to empowering bold new voices and creating cross-continental, multi-generational knowledge transfer, and spaces for inspiring stories, especially in often overlooked communities. As we build technical expertise, the fellows are better able to play a pivotal role in minimizing stigma and shifting the way mental health is understood and supported.

— Peter Raucci, Director of Global Fellowship Strategy, Stavros Niarchos Foundation (SNF) Global Center at the Child Mind Institute

For more information, please contact, Peter Raucci, Director of Global Fellowship Strategy at peter.raucci@childmind.org

Spotlight: Dr. Carmen Rungo and Dr. Helena Daniel

Dr. Carmen Rungo, a member of the inaugural SNF Global Center Clinical Fellows cohort, is on track to become only the second child psychiatrist in Mozambique



Dr. Carmen Rungo

— a country with more than 14 million young people. Currently completing her child and adolescent psychiatry specialist training at Hospital de Clínicas de Porto Alegre in Brazil, Dr. Rungo will return in

2025 with her clinical Fellow cohorts, occupational therapist Custódia Dos Anjos and clinical psychologist Hortêncina Cristina Lopes, to establish a pioneering multidisciplinary child mental health team in Maputo.

Dr. Rungo’s mentor, Helena Daniel, MD, PhD, the Fellowship Coordinator for the SNF Global Center Clinical Fellowship in Mozambique, holds the distinction of being the country’s first child psychiatrist. In her role, she is actively training the next generation of specialists, including Dr. Rungo, to expand access to child and adolescent mental health care in Mozambique.

“In Mozambique, children with mental health issues are isolated without proper care because they don’t know what to do with them,” said Dr. Rungo. “By the time I get back to Mozambique, I will be able to help improve the health of children in my country.”



Helena Daniel (left), Hortêncina Lopes, Carmen Rungo and Custódia dos Anjos (right) at the IACAPAP meeting in Rio de Janeiro.

Convening Experts and Building Networks

Why it's a Priority

Our Expert Gatherings bring together global leaders in CAMH for focused, solution-oriented dialogue. These convenings unite practitioners, researchers, policymakers, and youth advocates across disciplines to exchange ideas, develop actionable solutions, and influence policy at both national and international levels.

To date, we have welcomed over 100 participants from 17 countries across four continents, with previous gatherings held in Rio de Janeiro and New York City alongside local and global partners. Each convening highlights innovative programs, country-specific initiatives, and emerging research, while ensuring youth voices remain central to the agenda.

What We Do

- **Build Partnerships and Collaboration:** Each gathering strengthens cross-border collaboration by encouraging open exchange of ideas and fostering new alliances. By creating space for global and local leaders to connect, we lay the groundwork for long-term partnerships that sustain innovation and expand access to care.
- **Spotlight Multidisciplinary Efforts Addressing CAMH:** Our convenings serve as a platform to showcase promising programs, impactful research, and scalable interventions that are driving change in diverse contexts. Highlighting these efforts accelerates the spread of effective models and inspires adaptation in other countries.

- **Center Youth Engagement:** Young people are not only participants but essential voices shaping the agenda. By ensuring their needs, experiences, and perspectives guide the discussions, we amplify youth leadership and ensure that solutions are grounded in lived reality.

KEY ACHIEVEMENTS

We have hosted inclusive, high-impact convenings that bridge research, policy, and community perspectives.

New York City, USA (2023): The SNF Global Center's inaugural Expert Gathering in New York positioned the SNF Global Center as a key stakeholder in the mental health space, fostering connections among global mental health leaders, advocates, academics, and individuals with lived experience.

Global (2024): In collaboration with the Child Mind Institute's Science team, the SNF Global Center hosted its first hybrid Expert Gathering. This session explored the use of biometric data in evaluating mental health disorders and laid the groundwork for a forthcoming white paper, co-authored by participants, that will outline key findings and recommendations.

Rio de Janeiro, Brazil (2024): In partnership with the International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) and Instituto de Estudos para Políticas de Saúde (IEPS), the gathering convened youth representatives, mental health professionals, and policy experts to explore effective strategies to improve mental health outcomes for children and adolescents in Brazil, and further afield. Participants included representatives from the Brazilian Ministry of Health, the Ministry of Health of Mozambique (MISAU), and the World Health Organization (WHO).



Eduardo Vasconcelos, first Director of Youth Engagement, at the SNF Global Center (second from the left), was invited to speak on a panel during the AFS Youth Assembly in New York.



Ana Beatriz Araujo, a member of the SNF Global Center Youth Council in Brazil, co-moderates a congressional panel discussion during International Youth Day.

Youth Lead the Way: Reimagining Mental Health Across Continents (2025): In June 2025, we convened 31 youth advocates from South Africa and Brazil for a cross-continental forum. Together, they shared lived experiences and co-created a roadmap for evidence-informed solutions that address stigma, strengthen school-based care, and influence national policy. This youth-led exchange underscored the power of cross-cultural collaboration in reimagining mental health systems for children and adolescents worldwide.

Youth Councils Take Center Stage (2025): In August 2025, we amplified youth leadership on the global stage, co-leading dialogues during International Youth Day at the AFS Youth Assembly in New York and a congressional celebration in Brasília. Young leaders brought firsthand perspectives to shape solutions, influence policy, and launch new Youth Councils in Brazil and South Africa—platforms designed to embed youth voices into national and global mental health systems.

New York City, USA (2025): In September 2025, the SNF Global Center hosted the inaugural Global Summit on Youth Mental Health, convening young leaders from Brazil, South Africa, and Greece, alongside 50 representatives from leading organizations in youth mental health, to spotlight youth-led action on mental health and digital well-being. Under the theme “The Digital Dilemma: Bridging Science and Storytelling for Youth Mental Health,” the day featured dynamic discussions on reimagining digital connectivity for positive mental health, and ensuring young people have a voice in shaping mental health policy and systems.



Dr. Harold S. Koplewicz, President, Child Mind Institute, Dr. Giovanni Abrahão Salum, Senior VP of Global Programs, SNF Global Center with James Sale, Deputy CEO at United for Global Mental Health (UGMH), Faith Nassozi, Communications Advisor – Policy, UGMH, and Antonis Kousoulis, MD, MSc, DrPH, Director of Partnerships, UGMH



Digital influencer and mental health advocate, Felipe Neto, and youth leaders at the inaugural Global Summit on Youth Mental Health

Next Steps

We plan to strengthen the legacy of these convenings through expanded policy-focused networks.

- **Networks that Shape Policy**
Strengthen and broaden connections among practitioners, researchers, policymakers, and youth leaders to ensure evidence-based solutions directly inform decision-making. Expanding these networks will elevate CAMH on global policy agendas and drive systemic change across regions.

For more information, please contact, Diana Kumar, Director of Program Operations at diana.kumar@childmind.org.

How You Can Help

By working collectively, we have a unique opportunity to drive a global shift in how youth mental health care is understood, addressed and supported. Your partnership can help ensure that every child, everywhere, has access to the mental health support they need to thrive. Here are ways to join us:

INVEST IN IMPACT

Support global and country-specific initiatives that strengthen mental health systems, train local professionals, and reach underserved children and youth.

CHAMPION AWARENESS

Collaborate on campaigns to reduce stigma, amplify youth voices, and shift public understanding of mental health in low- and middle-income countries.

SHARE EXPERTISE

Offer technical knowledge, training resources, or research collaboration to enhance the design and delivery of evidence-based programs.

EXPAND ACCESS THROUGH TECHNOLOGY

Partner with us to develop and scale digital tools that bring care and training to remote and underserved communities.

MOBILIZE YOUR NETWORK

Introduce our mission to leaders, funders, and institutions that share a commitment to child and adolescent mental health.



Together, we can build a future where all young people have the opportunity to flourish, no matter where they live.

Our Team



The multidisciplinary team behind the SNF Global Center at the Child Mind Institute during the annual staff retreat in New York in August 2025.

Our team comprises world-class global development experts, psychiatrists, psychologists, psychometricians, survey methodologists, public health experts, higher education experts, and linguists. We work closely with an in-house youth engagement team and Youth Advisory Boards to ensure lived experience and developmental perspectives are embedded throughout each of our workstreams. Our network spans every continent, with strong partnerships across Latin America, Africa, the Middle East, Europe, Asia, and Australia, providing both scientific diversity and cultural validity. The breadth of professional, cultural, and sociological representation the SNF Global Center team at the Child Mind Institute brings together is essential to the success of our programs.

WHERE WE WORK

We are currently active in **Greece, Brazil, and South Africa**, with fellows expanding partnerships in **Mozambique, Kenya, Pakistan, Burundi, Jordan, Mexico, India and Nigeria**.



Our Partners

The SNF Global Center is built on the principle that no single institution can close the global mental health gap alone. Meaningful change requires collaboration across sectors, disciplines, and countries. Our work is advanced through partnerships with a wide range of organizations that bring expertise, legitimacy, and reach.

These partnerships reflect the SNF Global Center’s model: **locally grounded, globally connected, and collectively driven**. Together, we create a network that strengthens health and education systems, generates knowledge, reduces stigma, and ensures that mental health care for children and adolescents is not an aspiration but a reality.

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Our multidisciplinary global team is improving access and quality of child and adolescent mental health through collaborative partnerships, advanced research, and culturally tailored evidence-based training to support the needs of young people and their caregivers.
— Giovanni Salum, MD, PHD, Senior Vice President, Global Programs

For more information, please contact, Giovanni Abrahão Salum, M.D., Ph.D., Senior Vice President, Global Programs, at Giovanni.Salum@childmind.org.

WE COLLABORATE WITH:

Global organizations

National governments and ministries

Non-governmental organizations (NGOs)

Academic partners

Policy and health innovation organizations

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These collaborative methods require expanded cross-sector partnerships and the establishment of a common measurable language that also facilitates meaningful comparisons and harmonization of definitions across diverse cultures and communities.
— Antonis Kousoulis, Director of Partnerships at United for Global Mental Health & Secretariat Lead of the Global Mental Health Action Network



Διεθνής Πρωτοβουλία
για την Υγεία
Global Health Initiative

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