



Youth Mental Health Academy

Building careers in mental health

The Child Mind Institute’s Youth Mental Health Academy is a **community-based, career development program** — including **mentorship, project-based learning, and student support** — for LA County high school students. It gives students from traditionally underserved communities, including BIPOC and LGBTQIA+ teens, an opportunity to **gain valuable knowledge and experience in mental health science, practice, or communications** by working with professionals from organizations doing work in those areas. By providing mentorship and training to high school students in underserved communities, it **aims to inspire and cultivate tomorrow’s mental health leaders**.

PROGRAM COMPONENTS AND TIMELINE

Project-Based Learning

Students will participate in five weeks of project-based learning to prepare them to complete a capstone presentation at the end of the summer.

Mentorship

Students will meet with undergraduate or graduate mentors regularly throughout the program. Mentors will serve as a positive role model, sharing their personal experiences and supporting academic progress.

Year-Round Programming

Through monthly workshops and panels, students will expand on topics from the summer academy, network with professionals and peers, and stay motivated with college and career aspirations.



ELIGIBILITY

- 15 to 18 years old at the start of the program
- Enrolled in a public or private high school in LA County, CA
- Have an overall GPA of 2.5 or higher
- Have a strong interest in mental health

Learn more and apply at childmind.org/ymha

In partnership with

