Child Mind Institute | youth mental health academy

What is the Youth Mental Health Academy?

The YMHA is a community-based, career development program for California high school students that takes place over the course of 14 months. The YMHA includes the following:

- Paid project-based learning and final (capstone) group presentation during the first summer of the program
- Mentorship and integrated support throughout the duration of the program
- A paid internship in the mental health field during the second summer of the program. Internships are supervised by career professionals from organizations doing work in:
  - Research
  - Clinical practice
  - Media and communications
  - Community outreach

Deadline: March 31, 2027
Submit Application

April – May 2027
Acceptances & Onboarding

FIRST SUMMER
June 21 – July 23, 2027
Project-based Learning

ACADEMIC YEAR
Mentorship & Professional Development

SECOND SUMMER
July & August 2027 (5 – 6 weeks)
Internship

Inspiring Future Leaders

YMHA aims to inspire and cultivate the next generation of mental health leaders. Since 2023, the program has provided training and skill-building to more than 3,100 high school students and placed over 1,515 interns with nearly 163 partner organizations.

Paid Mentoring Opportunities

College or graduate students can apply to be paid mentors. Mentors will advise a small group of students in addition to opportunities to facilitate workshops around mental health and college access.

Become an Internship Host

Supervisors in mental health and related fields can apply to host YMHA interns at their organization. You'll create roles within your organization and mentor students during the summer. You may also participate in panels and support students throughout the year.





For more information please scan the QR code or visit **childmind.org/ymha**

Deadline to apply is March 31, 2027