Child Mind Institute | youth mental health academy

# Build a Career in Mental Health

Gain valuable knowledge and experience at the Youth Mental Health Academy (YMHA) — a 14-month career development program for California high school students interested in mental health care and related fields.



### Paid project-based learning

Participate in five weeks of hands-on learning and complete a capstone project on a topic that matters to you.

### Summer internship

Get real-world experience in the mental health care field, working in research, communications, community outreach, and more.

### Mentorship and networking

Connect with mentors and professionals who can offer guidance and help you explore your interests.

### Explore career pathways

Learn about careers in behavioral and mental health care and get support planning your next steps.



> **This is the first [program] that genuinely helped me on my journey to become a clinical psychologist."**
>
> – Diya, 2024 YMHA Intern

In partnership with

HCAI Department of Health Care Access and Information

CYBHI Children and Youth Behavioral Health Initiative

UCLA

**Ready to get started?**

Learn more and apply:
**childmind.org/ymha**