Child Mind Institute | youth mental health academy

Youth Mental Health Academy

Building careers in mental health

The Child Mind Institute's Youth Mental Health Academy is a community-based, career development program — including paid internships, mentorship, project-based learning, and student support — for rising high school juniors and seniors. It gives students from traditionally underserved communities, including BIPOC and LGBTQIA+ teens, an opportunity to gain valuable knowledge and experience in mental health science, practice, or communications by working with professionals from organizations doing work in those areas. By providing mentorship and training to high school students in underserved communities, it aims to inspire and cultivate tomorrow's mental health leaders.

PROGRAM COMPONENTS AND TIMELINE

Project-Based Learning

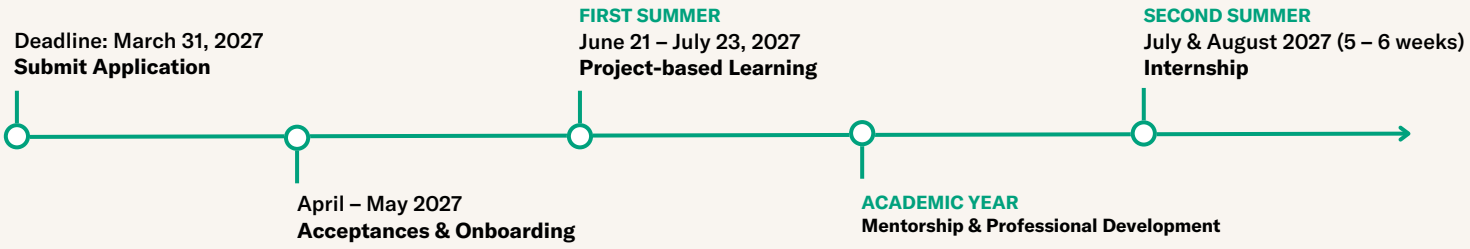
During the first summer of the academy, students will participate in five weeks of project-based learning to prepare them to complete a capstone presentation, followed by ongoing programming throughout the school year. The program will end with a paid internship during the second summer of the academy.

Mentorship

Students will meet with undergraduate or graduate mentors regularly during the first summer to provide support with completing their Capstone project and throughout the school year to provide support and guidance with navigating the college application process and more.

Internship

Students will participate in an internship during the second summer of the academy to gain experience in the mental health field, focusing on clinical work, research, community outreach, or media/communications.



ELIGIBILITY

- 15 to 18 years old at the start of the program
- Reside in California
- Have an overall GPA of 2.5 or higher
- Have a strong interest in mental health

Learn more and apply at **childmind.org/ymha**

In partnership with

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