

## Social Problem-Solving

### Problem Solving Skills

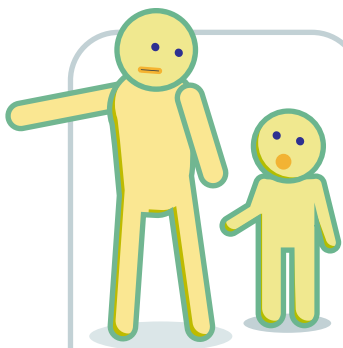
**Directions:** Tell someone in your family about a time you solved a problem using one or more of these solutions.

<p><b>Apologize</b></p> 	<p><b>Ask Nicely</b></p> 
<p><b>Get an Adult</b></p> 	<p><b>Share</b></p> 
<p><b>Do Something Else</b></p> 	<p><b>Wait and Take Turns</b></p> 
<p><b>Ask Nicely to Stop</b></p> 	<p><b>Ignore</b></p> 

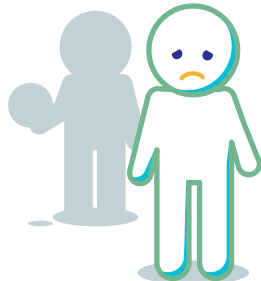
# Social Problem-Solving

## Social Problems and Solutions Practice

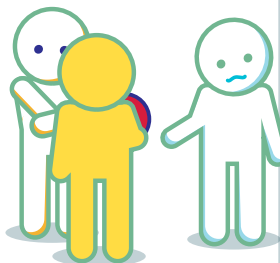
**Directions:** Read each card and choose the solution you would use in that situation. (See Problem Solving Skills handout for solution ideas.) What other social problems happen in your life and what solutions can you use? Talk with a family member.



Your mom tells you that you can't play your video game until you clean your room.



At recess, while you are playing basketball, some kids call you a "loser" after you miss a shot.



During choice time in your class, you ask some kids if you can play with them and they tell you to "go away."



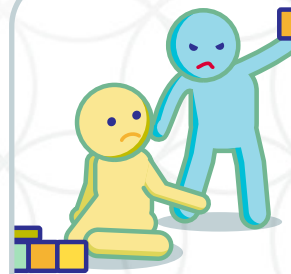
You are waiting your turn for the water fountain and another kid pushes you out of the way to cut in front of you.



The kid sitting next to you is talking during the lesson, so you ask her to stop but the teacher reprimands you for talking.



You walk into your room and your brother is holding your Beyblade, but you see that it's broken.



Another kid grabs a toy out of your hands that you are not done playing with yet.

## Steps for Social Problem Solving

**Directions:** Show a family member the steps for solving social problems. Think about a time you had a social problem and talk to them about how to use the steps to solve your problem.



1. What is the **problem**?



2. What are you **thinking and feeling**?



3. What are some **possible solutions**?



4. Which of these solutions will be **helpful**?



5. Choose a solution that will help make your problem **smaller**.